

# Women in Business

## Judy Argintean

For Judy Argintean, Executive Director, Twin Rivers YMCA, her true passion is fitness, whether it's hiking to the top of Yosemite's Half Dome, biking trails, or teaching her ever-popular fitness classes. "I am blessed to be able to help people in our communities improve their health, get fit and be well—and thus feel good about themselves," Judy says. "Not many jobs give you that opportunity." A lifelong Valley resident, Judy has been in the fitness field for 24 years. She began her career at the Twin Rivers YMCA when it opened in 2003 as a Fitness Instructor and worked her way up to become Executive Director in 2011.



A true people person, Judy greets members with her infectious smile and a pat on the back for a workout well done. She engages, motivates, and designs fitness and nutrition plans for YMCA members in addition to her programming duties. Her passion shines when she is asked about the variety of programs at the Y for kids and adults, which include swimming lessons, early childhood care and fun events, tumbling, and dance. She lives the Y's mission, which is "To put Christian principles into practice through programs that build healthy spirit, mind and body for all."

She was instrumental in working with DC West Schools to bring innovative fun, fitness and education to area kids this coming summer. Through a grant, the YMCA Summer Fun Club combined exciting kid club outings with summer school—all on site at the Twin Rivers YMCA. This program went very well and is on target to happen again for 2012. "We work with our communities and partner with schools, churches and other organizations in our area," Judy says. "We are really about giving and helping our community." Judy's message: "Give me a call today. I would love the opportunity to meet your needs at the Twin Rivers YMCA."



**Judy Argintean**  
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Executive Director, Twin Rivers YMCA  
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*"Don't limit yourself. Many people limit themselves to what they think they can do. You can go as far as your mind lets you. What you believe, remember, you can achieve."*

Mary Kay Ash

## Dr. Sandra Baumberger

Dr. Baumberger is the newest member of the Skyline Medical Center team. She is a graduate of Creighton Medical School where she is currently Assistant Professor of Family Practice. She will help Skyline Medical continue to provide quality family health care, take care of medical needs & provide O.B. care to the communities in western Douglas County.



**Dr. Sandra Baumberger**

"I enjoy taking care of people of all ages, at all stages of their life," said Baumberger. "I particularly enjoy O.B. care."

Dr. Baumberger is a member of AAFP and Nebraska Academy of Family Physicians in which she is currently on the board of directors. She is also member of the Men's and Women's Health Advisory Committee for Nebraska.

Skyline Medical Center has flexible hours and provide hospital care as well as care in the clinic. Dr. Baumberger, Dr. William Fitzgibbons, and Dr. Edward Montanez and staff provide excellent health care for the entire family delivered in a caring manner, which has been their commitment for the past 25 years!

## Skyline Medical Center

1908 N. 203rd St. #2 • Elkhorn  
402-289-4031

Mon. & Wed. 7-7 • Tues. & Thurs. 7-5 • Friday 8:30-5 • Saturdays 9-1

*"Just don't give up trying to do what you really want to do. Where there is love and inspiration, I don't think you can go wrong."*

Ella Fitzgerald

## Dee Hankins

I have always enjoyed planning and hosting parties and cooking for fun. I was working in another industry when I started to work part-time for a catering company. Several years later I had the opportunity to purchase the Millard Plaza Ballroom, a full-service banquet facility seating up to 350 people. We offer event design and management, decorating, on and off-premise catering, beverage service, setup and cleanup and much, much more!



What distinguishes our services from our competitors is our attention to detail; consistent, high quality food and service; and a genuine desire to satisfy our customers. As a result, we have an A+ rating with the BBB.

I am a charter member of the Omaha Chapter of the National Association of Catering Executives and of the Midwest Bridal Association, member of the Millard Lions Club, Past President (and current board member) of the Millard Business Association, and a member of "All About Weddings Omaha", the Omaha Chamber of Commerce and the Western Douglas County Chamber of Commerce.

Our plan is to continue to offer Millard and the surrounding communities a facility they can count on for quality at a reasonable price. Even though our specialty is wedding receptions, the ballroom is a very popular choice for fundraisers, sports banquets, corporate events, holiday parties, celebrations of any type and our famous Interactive Dinner Theatres.

Our family moved into the Elkhorn school district when my son, Josh, was in first grade. He graduated last May from Mount Michael and is now a Freshman at Seton Hall University. My daughter, Emi, is a Freshman at Skutt Catholic High School.



**Millard Plaza Ballroom & Catering Services**  
5339 S. 139 Plaza  
402-891-0779

*"Take chances, make mistakes. That's how you grow. Pain nourishes your courage. You have to fail in order to practice being brave."*

Mary Tyler Moore

## Cyndi Crews

Publication Printing of Nebraska, Inc., is a full service commercial printing company and mail house in Waterloo that offers offset and digital printing of books, brochures, letterheads, envelopes, business cards and any other printed material their customers ask them to create.



Cyndi Crews, vice-president and part owner, does a little bit of everything at Publication Printing from selling to art production. She said she enjoys creating something that will last and help others achieve their goals.

"We have created books for customers that will be on their shelves or in the public libraries forever," Cyndi said. "We have also created marketing campaigns that have helped businesses increase their sales and reach their goals. Taking customers' ideas and transforming them into a beautiful finished product is what I like most about my job."

Publication Printing has been in business for 130 years, maintaining a strong tradition with long-term employees who take pride in producing a quality product at an affordable price.

"We work with our customers to get them what they need and when they need it," Cyndi noted.

Publication Printing prints posters, banners and yard signs; and they offer promotional items, such as pens, grocery bags, koozies and more. The company is a member of the Western Douglas County Chamber of Commerce and the Millard Business Association.

"We are involved in the community and support many meaningful programs and initiatives," Cyndi added. "We are positioning ourselves as a national provider of printed materials and already have customers from the East Coast to the Southwest."



**Publication Printing of Nebraska, Inc.**  
402) 779-4696  
208 Third Street, P.O. Box 130  
Waterloo, NE 68069  
Hours of Operation: 8:00 am - 5:00 pm

## Martie Law

ABSOLUTE BIORECOVERY SERVICE has recently merged with Market Klean, Inc. This state wide biohazard remediation service, which offers expertise and compassion to all residential and commercial property owners in need of biohazard remediation solutions. This includes, but is not limited to: meth lab decontamination, areas affected by loss of life, gross filth, animal waste, disaster contamination, medical emergencies and infectious outbreaks such as MRSA, H1N1, Hepatitis, etc.



In 2011, Law expanded her certification to include Meth lab testing and decontamination; has become a noted specialist in hoarding cleanup and excessive clutter reduction; and expert in crime and trauma scene cleanup services.

Martie Law, founder and owner of Market Klean, Inc., in addition to being the wife of Steve Law, and the mother of their three children, ranging in age from 8 to 17. Through earlier life experiences and her current presidency of Market Klean, Inc. she has gained enormous insight in the 15 years since she founded and developed her domestic and commercial cleaning business. In 2009 Law established a statewide biohazard company, Absolute Biorecovery Service.

When selecting a cleaning service, dependability, confidentiality, respect for busy schedules, and attention to detail toward clients' needs are important criteria. Meeting these criteria are just a few of the reasons that client satisfaction is so strong with Market Klean, Inc. "We have great customer retention. I think a large part of that is because we really listen to our clients and that we have a low employee turnover. Customers can trust us to take care of their homes or businesses in a caring, professional manner."

As president of Market Klean, Inc., Martie became aware of the need for biohazard clean-up problems and solutions. She then worked to become a nationally certified Bio-Recovery Technician. This then led to the founding of Absolute Bio-Recovery Service.

Serving the entire state of Nebraska, ABRs has also enjoyed expanded services through customer referrals and a growing reputation throughout the state. All Absolute Bio-Recovery technicians are bonded, insured and thoroughly trained and certified in the proper handling of waste. Vehicles used contain specialized equipment and will be unmarked while on the job site.

**ABRS shares offices with Market Klean in Waterloo**  
Market Klean, Inc. (402) 657-3413  
207 3rd St. • Waterloo  
Absolute Biorecovery Service (402) 933-0077  
www.abrsne.com

## Melissa Landholm

Melissa Landholm, a licensed massage therapist for the past seven years, is a partner with 1 other LMT and a Chiropractor at Body Haven Wellness Center in Omaha. We currently have 1 other part-time therapist and another one ready to come aboard.



Body Haven has a relaxed yet professional atmosphere, putting the health and well-being of our clients first and foremost. As an LMT in Nebraska, we have to complete 24 hours continuing education every 2 years. There are so many different types of modalities out there, that sometimes it is hard deciding which one would be the best fit for clients.

"I think that is one thing that sets us apart from other places. If I have a client with a specific health issue, and I see a class that will help them, then I take it. Some of the classes I have taken this past year are Treatment Techniques for the Foot and Ankle, Effective Treatment of Running Injuries, Effective Treatments for Sciatica, and Ethics. Low back pain is a huge issue in today's society that I use the Sciatic protocol on almost every single client that comes in. I also learned some great stretching techniques in the Foot and Ankle class for a shortened achilles tendon due to wearing high heels and the like.

Landholm and the other therapists also do corporate outcalls, traveling to businesses and events to give chair massages.

"All in all, I love what I do! It is a demanding profession, because you do give a part of yourself to each client, but the rewards are so gratifying... knowing you are helping people to feel better."

I would love to see Body Haven grow and become truly a wellness center, possibly add nutrition counseling, yoga classes, acupuncture, and work more closely with the area medical facilities. We currently have several doctors and nurses as clients, so our reputation is growing.

**Melissa Landholm, LMT, AMTA**  
Terrace Plaza  
11414 W. Center Rd., Suite 237  
402-933-1997  
cell 402-651-5588  
www.bodyhavenllc.com



## Jodi Esser

CertaPro Painters is a full-service painting company specializing in interior and exterior painting for both residential and commercial projects. CertaPro is a national company, and my husband and I own the franchise in the Omaha area. We live in Waterloo. Since 2001, our business has been built on referrals and repeat customers. We also offer deck/fence staining and painting, power-washing, wallpaper removal, drywall repair and carpentry.



I have a Bachelor of Science in Design (Interior Design) from UNL. I love to make things beautiful! I especially enjoy helping customers with color selections to personalize their home or office. Color has a huge effect on how people feel, and it is my goal to help customers truly enjoy their place of work or rest and to make the painting process convenient and systematic. Setting expectations for each job through solid communication is key. I offer complimentary estimates, color consultations, a two-year written warranty, proof of insurance and a 12-months-same-cash payment option.

I am on the BBB Honor Roll each year and a member of the Greater Omaha Chamber of Commerce. We were named to the "Best of Omaha" winner's circle for the past two years. I'm also proud to share that our team recently earned Angie's List Super Service Award which reflects businesses' earned high level of customer service.

Once a job is complete, we ask our customers to fill out a comment card. Our customers say our painters are friendly, hardworking and keep a neat job site. When asked if they would recommend CertaPro to friends and family, 99.4% said "yes." I'm very blessed to work with an amazing team of painters and staff who truly care about the customers we serve every day!



8909 Bedford Circle Suite #2 • Omaha, NE 68134  
Office phone: 289-0311 Hours: flexible

# Women in Business

## Georgie Vint



Living by the premise that serving well and with integrity is the hallmark of successful business people, Georgie Vint continues to build on a real estate career that began in 1987. The CBSHome Real Estate agent believes strongly in serving people correctly and seeking to serve in the best interest of her sellers or buyers.

She has always believed in going the extra mile to make what can be a traumatic and stressful move go as smoothly and peacefully as possible. The result has been nearly 90 percent of her business generated from referrals. Referrals have been the standard in the industry for those agents who aim high to serve.

Several years ago Georgie turned her business over to God, to serve as a blessing to Him, to honor Him in seeking to do the right thing. The result has been a climb to one of the top producing agents in Omaha's largest real estate company. She has listed homes from \$10,000 to more than \$1 million.

Georgie tries to treat everyone as if they were a member of her family. She has adopted Joshua 1:8-9, as her biblical guide and her motto.

"I try to do the best job I can in communicating honestly with my clients to help them understand and make the right decisions," Georgie said. "Buying a home is one of the most expensive decisions in their lives. I realize that and hold that thought in trying to do the best job I can for my clients.

"I also have come to enjoy working in Elkhorn and surrounding areas. I firmly believe an agent has to believe in the positives of an area to do the best job marketing it. And without a doubt, I believe in those areas."

Georgie is married to Tom and has two grown children. "I am very blessed to have the support of a loving family."

12112 Pacific St.  
Omaha, NE 68154  
402-697-4218  
402-697-4402 fax  
402-690-1578 cell



*"We need to find the courage to say 'NO' to the things and people that are not serving us if we want to rediscover ourselves and live our lives with authenticity."*

Barbara De Angelis

## Michele Minnick



The combination of local art, creativity and beautiful flowers found at The Garden Gallery gives this little spot in downtown Elkhorn a warm and welcoming atmosphere. Owner Michele Minnick is a Master Gardener who began doing outdoor classroom gardens when her children were in elementary school. She has also been creating art for over 25 years.

"My mom was a beautiful, creative woman who spent many hours in her garden. My dad was a very talented artist and also loved putting in the garden. I have been gardening and creating since I was young and 'played' in Mom's garden and Dad's workshop," Michele explained. "Six years ago, in Gretna, I combined my love of nature and art. I am beginning my second year in Elkhorn and can truly say The Garden Gallery is a very happy spot."

If you are looking for something totally out of the ordinary, stop at The Garden Gallery for unique annuals and perennials. The two greenhouses open in April when "potting parties" begin.

"Bring your containers, get first dibs on the newest varieties, and I will take care of them until after the first of May. We kick off the season with 150 hanging baskets and five trucks of flowers per week," Michele said. "We also carry mums, spring bulbs and poinsettias."

That is just the outside of the Garden Gallery. Inside the beautiful old house, the work of more than 20 local artists is available. Creations include garden art, copper and glass creations, jewelry, scarves, paintings and more. Art classes are offered throughout the year.

"I am so blessed to have my husband and kids so supportive as we 'grow' this dream," Michele said. "I love what I do and do what I love! Life is good!"

## The Garden Gallery

2721 North 206th Street, Elkhorn NE 68022  
Phone: (402) 707-0056 Fax: (402) 502-4323  
<http://the-garden-gallery.blogspot.com/>

*"I am only one; but still I am one. I cannot do everything, but still I can do something; I will not refuse to do something I can do."*

Hellen Keller

## Diane Hansen



Diane Hansen is director and owner of Kitty Lee Dance Studio. Her mother, Miss Kitty, started the studio when Diane was a year old. Diane grew up in the studio and has been involved in teaching dance since she was a teenager.

Diane started her professional career performing in a group out of Miami, Florida. The group performed all across the United States, Europe and as far as Singapore. While traveling in Europe, she met her husband, Scott. They were married a year later. Being an Air Force wife, Diane managed to teach wherever her husband led her. She owned a studio in Illinois and sold it in 1993 when they moved back to Omaha to take over as Director of Kitty Lee Dance. Miss Kitty retired in 2009 after 52 years in the business!

Diane is past President of the Omaha Dance Teachers Association and a strong supporter of the organization. She travels frequently to conventions, competitions and performances to keep on the cutting edge of the dance world. Diane judges for competitions as well as pageants.

Kitty Lee offers a wide range of classes for every age, including: Preschool, Tap, Jazz, Ballet, Lyrical/Modern, Stompin' with the Boys, Leaps & Turns, Future Stars, Tot Hop, Musical Theatre, Acrobats, Pointe, Pre-Pointe, Tinker-Tots and even Zumba.

For more information contact us (402) 493-6525 or [admin@kldance.omhcoxmail.com](mailto:admin@kldance.omhcoxmail.com)



16880 Parker Plaza (168th & Blondo)  
402-493-6525  
[www.danceatkittys.com](http://www.danceatkittys.com)

*"If we really love ourselves, everything in our life works."*

Louise L. Hay

## Mary Theiler, PT



It has been 14 years since Mary Theiler, PT and her partner, Phil Davidson, PT/ATC, opened their first out-patient physical therapy clinic in Fremont, NE. Since that time, Community Rehab Physical Therapy has grown to 8 locations in and around Omaha and one located in Sioux City, IA.

"We did not anticipate this kind of growth in the beginning," Theiler said. "We tried to look at each opportunity over the years and determine if it is a good fit for our company." Theiler credits the diversity of the relationship with her partner for their long term success. "Phil is a big picture, idea person and I am a detail person," Theiler states, "so our roles in our company complement our strengths."

Community Rehab Physical Therapy is a provider of out-patient physical therapy services. Licensed therapists staff each location and provide care to patients ranging from sports injuries, work injuries and post-surgical recovery to prevention programs for athletes and the elderly population. "Building relationships with our patients and our communities has always been the basis for our practice," said Theiler. "People are better health care consumers today, and it is our job to give them the highest level of quality care at each of their visits."

Both Theiler and Davidson stay active in the practice of patient care. This allows them to stay grounded and in touch with the needs of their clinics and their staff. "We have been fortunate to have a great team of therapists and support staff working with us," comments Theiler. "Knowing that we are helping these wonderful people provide for the needs of their families is a very rewarding feeling."

Community Rehab has received the "Top 25 in Business" award from the Omaha Chamber twice and they have been voted "Best of Omaha" by the Omaha Magazine for 3 consecutive years. Although economic times are challenging in our country, Theiler is excited about the opportunities that lie ahead to help more people improve the quality of their life through physical therapy.

402-289-3288

1408 Veterans Drive  
Elkhorn NE 68022  
Hours: 7am to 6 pm



## Leona Anderson



Leona Anderson and her husband, Carl, own Little Scandinavia in Olde Towne Elkhorn, a unique destination store for authentic and imported Scandinavian items.

"We have complimentary coffee and ginger snaps every day," Leona said. "I've always enjoyed working with people. My husband is 100-percent Swedish and I am 100-percent shopper, so this is a great fit."

Little Scandinavia is the only shop in the area with a wide selection of items with a Scandinavian appeal, including a nice selection of children's books and handy travel books for Sweden, Norway, and Denmark. Their Christmas shop is open all year, and they have a wonderful variety of the little Christmas elves, Tomte and Nisse.

The store also sells lingonberries and other food items in their Ellie's Deli. "Our Auntie Eleanor is the one who has encouraged and cultivated our love for Scandinavia," Leona noted.

Little Scandinavia also has a selection of glass birds from Finland by the internationally known artist Ovia Toikka; and from Sweden, they have beautiful cut-glass pieces by Nybro, Orrefors, and artist Mats Jonasson.

"One of our most popular items in the store is our Scandinavian Almond Cake Pan. I bake the cake so my customers can sample it almost every Saturday," Leona said. "On February 11, my fellow Elkhorn shops — including Andrea's Designs, Michele's Garden Gallery, The Whistlestop and the Red Door - and I will be having a Sweet Saturday Shopping Day."

Little Scandinavia will offer a knitting class in the shop starting February 16, and the Andersons are planning a trip to Scandinavia for their customers and friends in the spring of 2013.

2619 N. Main St.  
Elkhorn  
402-289-2307  
fax 402-289-2358  
[www.little-scandinavia.com](http://www.little-scandinavia.com)



## Linette Nelson



Seven years ago I was let go from corporate America along with a few hundred other Omahans. I began looking for a new adventure and a year later purchased the existing inventory from a local bead store at 17306 Lakeside Hills Plaza and beads etc. was born. Over the last five years we have more than tripled the beads and supplies and the store is bursting at the seams with unique beads from all over.

I love the creative outlet that working with the beads offers as well as the challenge of owning a business and all of the headaches and work that comes with it.

At beads etc., along with beads and beading supplies, we also offer classes, birthday parties and several Girls Night Out options. Our bead selection is vast and we have customers that tell us how much they love to come and spend time at our store. We're here for the beginners as well as the experienced beader. Our classes include everything from a basic bead class to silversmithing, metalworking, fused glass and art clay. beads etc. has the largest class selection of any bead store in the area. We have a mini classroom in our back area where we can hold classes when our larger class table is covered with the unbelievable beads we have during our frequent trunk shows. Once a month we try to bring in a selection of beads from one of our current vendors or new vendors. This way our customers can have the opportunity to see and buy beads that we don't normally carry. I am a resident of Riverside Lakes and am an avid supporter of shopping your local small businesses. Stop in and see us sometime!

17306 Lakeside Hills Plaza  
next to Gordmans on 173rd & Center  
beads etc. 402-932-0820  
Tues.-Thurs. 10-8, Fri. 10-7, Sat. 10-6, Sun. 12-5, Closed Mon.  
[www.beadsetcomaha.com](http://www.beadsetcomaha.com)

## Linda McDermitt



I enjoy assisting families with their personal and business insurance needs and helping to develop a plan for their current financial needs and future needs in health, life and protection of assets. We are an independent insurance agency and I am an independent investment representative. I can provide home, auto, umbrella, inland marine, business and public entities and workers compensation. I also provide life, health, long-term care, disability, investment and retirement plans. I started in my career in 1976 with securities and life insurance.

When I was introduced to this community in 1985, I became involved in the Chamber of Commerce. It was my honor to serve as president of the Western Douglas County Chamber of Commerce. The Chamber honored me as "Person of the Year." I am a rotarian and past president of the Western Douglas County Rotary Club. Past president of the Professional Insurance Agents of Nebraska (PIA). I enjoy serving the insurance needs for this community and the Omaha community and expect to continue to do so from my Valley office and sub office in Omaha. Linda is currently on the Board of Governors for this District at Metropolitan Community Colleges and will be running for re-election. For more information on Linda's election campaign visit [www.lindamcdermitt.com](http://www.lindamcdermitt.com).

Fricke & Associates  
O.N. Equity Sales Company

300 N. Spruce St., Valley, NE 68064  
402-359-2545 fax 402-359-4113